



January 2, 2013

From: Men's Program/Junior Olympic Program Committee
To: Men's Junior Olympic Community
Re: Basic Schedule and Competition Format for the 2013 JO Nationals

The JOPC held a conference call on December 12, to approve the basic competition schedule for the 2013 JO Nationals. A preliminary assessment of meet participant numbers was made based on registered athletes and target participation levels. Time schedules, group rotations and divisional breakdown were placed into the sample format based on the target numbers. The following is the approved basic competition schedule.

Wednesday May 1st Basic Schedule:

- Warm-up gym open for all competitors 8:00 AM – 5:00 PM
- Competition gym scheduled by region TBD (*Regional schedule will be based upon time zone, travel distance, and numbers following normal past protocol*).
- Coaches mandatory Technical meeting 5:15 PM: Oregon Convention Center TBD
- Opening Ceremonies: 7:00 PM – 8:30 PM Oregon Convention Center

Thursday May 2nd Basic Competition Schedule:

Level 10 Optional Competition – 3 sessions (8:00 AM – 10:00 PM)

- Random draw by club for all sessions – All gymnasts perform optionals
- All JE and JO Division gymnasts compete together by club
- Two Flights - Capitol Cup format alternating squads by age (15,16 & 17,18)

Regional & Club Team Award Ceremony – following 3rd session competition
(*Any clubs with numbers greater than one squad size will be consulted for draw. Final allotment distribution TBD for each division.)

Friday May 3rd Basic Competition Schedule:

Level 8 & 9 Optional Competition – 3 sessions (8:00 AM – 10:00 PM)

- Random draw by club for all sessions – All gymnasts perform optionals
- All JE and JO Division gymnasts compete together by club
- Two Flights - Capitol Cup format alternating squads by age (11,12 & 13,14)

Regional & Club Team Award Ceremony – following 3rd session competition
(*Any clubs with numbers greater than one squad size will be consulted for draw. Final allotment distribution TBD for each division.)

Saturday May 4th Basic Competition Schedule:

Session 1: Level 10 JO Division AA & IE Finals – 8:30 AM (*Tentative*)

- Top 24 AA Qualifiers + Top 12 IE qualifiers each single year age division.*
 - Capitol Cup format – Two flights alternate age group
 - Gymnasts grouped by club
 - Optional competition to be performed
 - Rankings determined by combined result of two days competition
 - Level 10 AA & IE awards ceremony to follow: 1:45 PM – 3:15 PM
- *(Single year division will be used if numbers are sufficient in each age division.)*

Session 2: Level 10 JE Division AA & IE Finals – 3:00 PM (*Tentative*)

- All Level 10 JE Division athletes advance to AA & IE Finals
- Technical Sequence competition to be performed
- Capitol Cup format – alternate age groups
- Ranking determined by combined result of Optional & Technical Sequence
- AA & IE awards for each Level 10 JE age division to follow: 7:45 PM – 8:45 PM
- Announcement of qualifiers to Junior Division USA Championships

Sunday May 5th Basic Competition Schedule:

Session 1: Level 8 & 9 JO Division AA & IE Finals – 8:00 AM (*Tentative*)

- Top 24 AA Qualifiers + Top 12 IE qualifiers each age group
- Capitol Cup format – Two flights alternate age group
- Gymnasts grouped by club
- Optional competition to be performed
- Rankings determined by combined result of two days competition
- Level 8 & 9 AA & IE awards ceremony to follow: 1:00 PM – 2:30 PM

Session 2: Level 8 & 9 JE Division AA & IE Finals – 2:00 PM (*Tentative*)

- All Level 8 & 9 JE Division athletes advance to AA & IE Finals
- Technical Sequence competition to be performed
- Capitol Cup format - alternate age groups
- Ranking determined by combined result of Optional & Technical Sequence
- AA & IE awards for each Level 8 & 9 JE age division to follow: 6:45 PM – 7:45 PM
- Announcement of Junior National Team – Level 8 & 9
(Mandatory meeting for athletes and coaches immediately following).

Junior Elite Division:

- The format allows for a capacity of 72 athletes in each JE age group. This number is flexible and will include the qualification allotment and any approved petitions.
- The procedure to formulate the allotment for each division will be the same procedure based upon total registered numbers of athletes in the optional division from each region.
- The exact numbers in all qualified divisions will be determined by the JOPC and published on or about March 1, 2013.